















Material	Percent Crystalline Silica
Artificial Stone	More than 93%
Quartzite	95%
Sandstone	60%
Granite	10 to 45%





October 2016	
General Industry (5204)	
Construction (1532.3)	
PEL reduced + Action Level created	
<ul> <li>Worker exposure assessments</li> </ul>	
<ul> <li>Initial + scheduled + changes</li> </ul>	
<ul> <li>Objective information</li> </ul>	
<ul> <li>Regulated areas</li> </ul>	
◦ >PEL	
<ul> <li>Signs</li> </ul>	
Medical surveillance	



































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# **Risk Factors for Heat Illness?**

- · Age, weight, level of physical fitness
- Degree of acclimatization and metabolism
- Use of alcohol or drugs or medications
- Dehydration
- Medical Conditions (diabetes, hypertension)

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# Title 8 CCR Section 3396 – Indoor Heat Illness Prevention Some requirements of the standard:

- Access to drinking water and cool-down areas
- Assess and measure temperature and heat index
- Implement control measure when certain conditions are met
- Acclimatization
- Employee and Supervisory Training
- · Provide timely emergency response and aid
- Have a written indoor heat illness prevention plan that includes procedures for how the above items will be implemented

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# Definition of "INDOOR"

- Space that is under a ceiling or overhead covering that restricts airflow and is enclosed along its entire perimeter by walls, doors, windows, dividers, or other physical barriers that restrict airflow, whether open or closed
- All work areas that are not indoor are considered outdoor and covered by section 3395, Heat Illness Prevention in Outdoor Places of Employment

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### What must employers do? Heat Illness Preventative Measures

## Access to Water

- Potable drinking water must be made available at no cost to all employees
- Maintain, at all times, sufficient quantities of pure and cool potable drinking water (i.e. enough to provide at least one quart per employee per hour for the entire shift)
- Located as close to work areas and cool-down areas
- Encourage the frequent drinking of water

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### What must employers do? Heat Illness Preventative Measures

#### Acclimatization

- All employees shall be closely observed by a supervisor or designee during heat waves when no effective engineering controls are in use to lower temperature.
- Employees newly assigned to high heat areas shall be closely observed by a supervisor or designee for the first 14 days of employment.

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#### What must employers do? Heat Illness Preventative Measures

Assess and measure temperature

- Measure the temperature and heat index. Record whichever is greater
- Identify & evaluate other heat illness environmental risk factors
- Active involvement of employees in this assessment



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# What must employers do?

Examples of ADMINISTRATIVE CONTROLS:

- · acclimatizing employees
- · rotating employees
- scheduling work earlier or later in the day •
- using work/rest schedules
- reducing work intensity or speed •
- reducing work hours •
- changing required work clothing •
- · using relief workers

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What must employers do? Heat Illness Preventative Measures Examples of Personal Heat-protective Equipment Water- or air-cooled garments, cooling vests, jackets, and neck wraps. The cooling source can be reusable ice packs or cooled air connected to an external source · Supplied-air personal cooling systems Insulated suits · Heat-reflective clothing Infrared reflecting face shields. DIR See of Caleson Department of Industrial Natio CAL OS

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## What must employers do? Heat Illness Preventative Measures Training Risk factors for heat illness The employer's procedures for complying with this regulation The importance of frequent water consumption and acclimatization Signs and symptoms of the different types of heat illness The importance of employees immediately reporting to the employer signs and symptoms of heat illness in themselves or co-workers. • The employer's procedures for responding to signs and symptoms of heat illness, such as first aid. • Emergency response procedures, including contacting emergency medical services with clear directions to the worksite. Prior to supervising employees, the supervisor must be trained in all of the information listed above and how to monitor and respond to hot weather reports, if the work area is affected by outdoor temperatures. CAL

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